

RADIO SHOW - "MUD MUD KE NA DEKH" (MMKND)

MUD MUD KE NA DEKH is our 15 min Weekly Radio Show in Hindi pertaining to NEWS AND VIEWS of Cross Disability (all kinds of disabilities) issues. The aim is to advocate the rights of people with disabilities and to inspire, motivate and allow attitudinal changes to come about both in the mindsets of disabled and non disabled population of our country.

The show through interviewing organizations, institutes and individuals with and without disabilities, working in the disability sector, aims at building bridges between people with and without disabilities, entertaining and breaking down the prevalent mental and physical barriers, exposing the unique gifts and talents of people with disabilities, thereby heightening the self-esteem of persons with disability while making them aware of their Rights.

Through MMKND we are able to:

- **Provide role models to persons with disabilities.**
- **Bring about changes in the attitudes and mindsets of non disabled persons which would hopefully lead to a greater inclusion of persons with disabilities in the mainstream of living and allow them to be true contributing citizens of the nation.**
- **Urge people to commit to bringing about this change.**
- **Promote awareness, educate and inspire.**

MMKND was first aired as a half hour program on **Community Radio Station 107.8 RADIO MUST (Mumbai University Students Transmission)** in 2009 and we thank Pankaj Athawale for agreeing to give us the slot for the same.



KETNA MEHTA, KANCHAN PAMNANI AND PANKAJ ATHAWALE WITH RITIKA SAHNI IN THE RADIO MUST STUDIO, MUMBAI



DR ASMITA HUDDAR, HONORARY CONSULTANT ON OUR RADIO SHOW, WAS OUR FIRST GUEST

The second edition of Mud Mud Ke Na Dekh was broadcast on All India Radio 107.1 FM Rainbow Mumbai, every Friday from 1.15 pm to 1.30 pm starting 12th of November 2010, on till the 3rd of June 2011. **L&T Mutual Fund** sponsored 29 episodes. We thank **Union Parks Resident Association** for the use of the Jago Mumbai community Radio Station Studio for recording our episodes. A special thanks to Nitin Maskare, Bharati Kakkad and Surekha Motwani.

The third season of MMKND comprising of 39 episodes was aired on AIR 107.1 FM Rainbow, Mumbai and Vividh Bharti Delhi every Wednesday and was sponsored by **Bharat Petroleum Company Limited (BPCL)**

We regularly provide all our episodes to interested Community Radio Stations in the country and few who have successfully aired them according to their schedule are the following:

| Community Radio Station | Frequency | City |
|--------------------------------|------------------|-------------|
| Radio Active | CR 90.4 MHz | Bangalore |
| Radio Noida | 107.4 FM | Noida |
| JIMS Community Radio | 96.9 | Delhi |
| Community Radio HAMARA MSPICM | 90.4 FM | Solan (H.P) |
| IIT Community Radio | 90.4 Mhz | Kanpur |
| Jago | 90.8 | Mumbai |

WE ARE CURRENTLY UPLOADING OUR EPISODES ON WWW.EDAA.IN (EK DUNIYA EK AWAAZ, THE WEBSITE OF COMMUNITY RADIO STATIONS) AND ON SOUNDCLLOUD.COM



DR RUBINA LAL BEING INTERVIEWED BY RITIKA SAHNI AND SUHAS KARNIK BY ITESHRE DATE WITH PRASAD AS THE RECORDIST AT JAGO MUMBAI STUDIOS, MUMBAI

MUD MUD KE NA DEKH 2010 - 11

No of Episodes: 29

Sponsored by: L&T Mutual Fund

Aired on: All India Radio, 107.1 FM RAINBOW, Mumbai

| Guest Featured | Designation | Organization | Topic |
|-------------------------|--|---|---|
| Dr Asmita Huddar Part 1 | Principal | Hashu Advani College of Special Education Mumbai | Advocacy and Definitions of key Disability terms |
| Dr Asmita Huddar Part 2 | Principal | Hashu Advani College of Special Education Mumbai | Why a show on disability |
| Dr Asmita Huddar Part 3 | Principal | Hashu Advani College of Special Education Mumbai | Schooling options for students with hearing impairment |
| Shri Amole Gupte Part 1 | Creative Director, Film Maker & Writer | | Experiences of working with children belonging to low economic group |
| Shri Amole Gupte Part 2 | Creative Director, Film Maker & Writer | | Opinions on the Educational System of the country |
| Alka Joshi Part 1 | Head of the Psychology Dept | Ali Yavar Jung National Institute for the Hearing Handicapped, Mumbai | Psychological effects of disability on children, caregivers and professionals |
| Alka Joshi Part 2 | Head of the Psychology Dept | Ali Yavar Jung National Institute for the Hearing Handicapped, Mumbai | Spoke about the psychological effects disability has on children, caregivers and professionals. |
| Shri Charudutta Jhadav | Works for TCs Mumbai, Activist | Promotes Chess for blind persons | Progress made in the field and forthcoming chess events for blind in the country |
| Dr Rubina Lal Part 1 | Lecturer & Expert | Lecturer at SNDT University and expert in the field of AAC and Autism | About Learning Disability, Types, Causes |
| Dr Rubina Lal Part 2 | Lecturer & Expert | SNDT University AAC and Autism | ADHD, Assessment and Inclusion |
| Dr Rubina Lal Part 3 | Lecturer & Expert | SNDT University AAC and Autism | Diagnosis, Medication, Government provisions |
| Dr Rubina Lal Part 4 | Lecturer & Expert | SNDT University AAC and Autism | Non verbal, Higher education for children with LD |
| Ms Apoorva Panshikar 1 | Asst Prof | SNDT University | Learning Disability |
| Ms Apoorva Panshikar 2 | Asst Prof | SNDT University | |
| Dr Sujata Bhan Part 1 | Associate Prof | SNDT University | Training teachers for children with special needs and |
| Dr Sujata Bhan Part 2 | Associate Prof | SNDT University | Low vision and Visual Impairment as disabilities |

| Guest Featured | Designation | Organization | Topic |
|------------------------------------|---|--|--|
| Ritika Sahni Part 1 | Founder – Trustee, Special Educator and Communication Therapist | Trinayani | Advocacy and Deafness |
| Ritika Sahni Part 2 | Founder – Trustee | Trinayani | Advocacy and Deafness |
| Ritika Sahni Part 3 | Founder – Trustee | Trinayani | Advocacy and Deafness |
| Ms Priti Rohra | Head of Accessibility Testing Department | BarrierBreak Technologies, Mumbai | Spoke about the various technological and assistive devices available for persons with different disabilities |
| Ritika Sahni | Founder – Trustee | | Advocacy and Deafness |
| Ms Vandana Hariname | Audiologist, Speech & Language Pathologist | Trinayani | Experiences in the field of speech & language for hearing impaired children |
| Dr Asmita Huddar | Principal | Hashu Advani College of Special Education Mumbai | Informed about the schooling options for students with hearing impairment. |
| Mrs Monica Punjabi Verma | Sign Language Interpreter, Trainer & President | Indian Sign Language Interpreters Association, | Spoke about her experiences of Being a CODA (Child of Deaf Adults) |
| Shri Sunil & Shweta Sahasrbudhe | Director Part time Accounts Executive | Indore Ishara Foundation | Views on Deaf Culture, Deaf Identity and pride in their usage of Indian Sign Language |
| Dr Anjali Deshpande | Pediatric Physiotherapist | Associated with Indian | Information on the various conditions that give rise to locomotor disorders in children |
| Dr Dhruv Mehta | Honorary Physiotherapist and neurologist, Committee Member | Academy of Cerebral Palsy Mumbai, Nina Foundation, Mumbai, Indian Academy of Cerebral Palsy | Shared poems and views on the accommodations to be made to include children with locomotor difficulties in regular classrooms |
| Ms Gayatri Ahuja | Coordinator cum Lecturer | Helen Keller Institute for Deaf and DeafBlind Mumbai | Explained the legal structure in our country, the educational Legislations provided by our constitutions to ensure the rights of persons with disabilities |
| Ms Varsha Bhagat | Director | 'E.T.C' Education and Training Centre for Children With Different Abilities, Navi Mumbai Municipal Corporation | Experiences of working with persons with disabilities and about winning the Prime Ministers Award for excellence in Public administration |

MUD MUD KE NA DEKH: 2011 - 12

No of Episodes: 37

Sponsored by: Bharat Petroleum Company Limited

Aired on: All India Radio, 107.1 FM RAINBOW, Mumbai and VIVIDH BHARTI, DELHI.

| Guest Featured | Designation | Organization | City | Topic |
|-----------------------------|--|-----------------------------|-------------|---|
| Ritika Sahni | Founder- Trustee, Special Education and Disability Activist | Trinayani | Mumbai | Need for Disability Awareness |
| Sunita Sancheti - Part 1 | Disability Activist | NINA Foundation VM R C D | Mumbai | Living with SpinaBifida |
| Sunita Sancheti - Part 2 | Disability Activist | NINA Foundation VM R C D | Mumbai | Information on the "Incredible India Beyond Barriers" |
| George Abraham | C E O | Score Foundation | Delhi | Advocacy work undertaken by EYEWAY |
| Madhu Singhal | Managing Trustee & Founder | MitraJyothi | Bangalore | Information about the activities of MithraJyoti |
| Prasad Phanasgaonkar | Proprietor | Samartha Travels | Mumbai | Shares his views of living with Muscular Dystrophy and his modified vehicle |
| Deependra Manocha | Coordinator, Head of Training & Text Support | DAISY Consortium | New Delhi | Demystifies the world of persons with visual impairment and talks about the 'White Game Project' |
| Sayomdeb Mukherjee | Radio Jockey | Friends FM | Kolkata | His journey from being a non verbal person for 25 years of his life to being a popular radio jockey |
| Shanti Raghavan - Part 1 | Founder | EnAble India | Bangalore | The work her organization is doing to facilitate training and employment of persons with disabilities in the corporate sector |

| Guest Featured | Designation | Organization | City | Topic |
|--------------------------|--|--|-------------|---|
| Shanti Raghavan - Part 2 | Founder | EnAble India | Bangalore | Examples of successful employment |
| Ritika Sahni - Part 1 | Founder-Trustee | Trinayani | Mumbai | Need for creating awareness about the competencies and abilities of PWDS |
| Ritika Sahni - Part 2 | Founder-Trustee | Trinayani | Mumbai | Models of Disability, journey from medical model to human rights model |
| Prasanna Kumar Pincha | Chief Commissioner, Persons with Disability, Government of India | Government of India | New Delhi | The work his office has undertaken and his views on the various concepts pertaining to disability |
| Shivani Gupta | Director | Access Ability | New Delhi | Spoke about Access Audits and the concept of Inclusive environments, Himalaya on wheels.. |
| Monica Punjabi | Director & President | Mook Badhir Sangathan. Indian SignLanguage Interpreter Association | Indore | Experiences of growing up as a Hearing Child of Deaf parents and being a Sign Language User |
| Amole Gupte | Screen Writer, Actor & Director | | Mumbai | Comments on Right to Education and its reach to the marginalized community. |
| Dr Mathew Martin | ESA (Mass Media) Course Coordinator PGDMDC | Ali Yavar Jung National Institute for the Hearing Handicapped | Mumbai | Information on the Disability and Media Course started by the Institute |
| Dr Lata Nayak | Principal | Rotary Sanskardham Academy Junior College for the Deaf | Mumbai | Shared her 25 years journey in the field of Deaf Education |
| Dr Asmita Huddar Part 1 | Principal | Hashu Advani College of Special Education | Mumbai | Speaks about Regular School Readiness of deaf students |

| Guest Featured | Designation | Organization | City | Topic |
|---------------------------|--|--|-------------|---|
| Dr Asmita Huddar Part 2 | Principal | Hashu Advani College of Special Education | Mumbai | Changes requires in Teachers Training to make Inclusive Education a reality |
| Jalpa Parag Shah - Part 1 | Private Practitioner | Provides Remedial Therapy for Children with varied learning Disabilities | Mumbai | What is learning disability, types, causes |
| Jalpa Parag Shah - Part 2 | Private Practitioner | Provides Remedial Therapy for Children with varied learning Disabilities | Mumbai | Busting Myths |
| Alka Joshi | Head Dept of Psychology | Ali Yavar Jung National Institute for the Hearing Handicapped | Mumbai | Psychological effects disability has on children, caregivers and professionals |
| Ritika Sahni | Founder-Trustee | Trinayani | Mumbai | Shares passages from Disability Awareness booklets and poems written by friends |
| Dr Taral Nagda | Pediatric Orthopedic Surgeon | Saifee Hospital | Mumbai | Information on therapies and about celebrating Cerebral Palsy Day |
| Anjlee Agarwal | Executive Director and Access Consultant | Samarthyam | New Delhi | Shares her experiences of travelling in the country as a wheelchair user and the work her organization is involved with in creating an accessible India |
| Dr Avinash De Sousa | Consultant Pschiatrist and Psychotherapist | De Sousa Foundation | Mumbai | Shares case studies and gives important tips on how to react to sexual behavior of PWDS |
| Malay Desai | Journalist & Founder | Social Media, Punchline Creative Solutions | Mumbai | Shares his experiences of interviewing PWDs for the THIS ABILITY article series |

| Guest Featured | Designation | Organization | City | Topic |
|-----------------------|--|---|-------------|--|
| Kanchan Pamnani | Accomplished Solicitor / Disability Activist | Specializing in Civil and Corporate matters | Mumbai | Explains the laws effecting lives of PWDs |
| Shilpi Kapoor | Managing Director and Founder | BarrierBreak Technologies | Mumbai | Talks about technologies available for PWDs and about AAC devices and SignTalk.org |
| Smt Sangeeta Gole | School Assessor & Trainer for QCI-NABET & Consultant | Integrated Education Team Solutions | Mumbai | Talks about measuring and facilitating Competency of schools to provide Quality Education |
| Dr Shyamala Dalvi | Head- Academic Department | Academy for Global Education Services P Ltd | Mumbai | Informs about her organization |
| Dr Urvashi Shah | Neuro psychologist | Indian Epilepsy Association Mumbai Chapter, Joint Secretary at KEM Hospital | Mumbai | Information on various issues of Epilepsy |
| Sudha Tambe | Low Vision Rehabilitation Specialist | Lotus Eye Hospital | Mumbai | On Low Vision, Causes, Rehabilitation and Devices |
| Abhishek Ray | Founding Member, Architect | DRDF Disability Research & Design Foundation | Mumbai | Talks about Universal Design and the need to create inclusive and user friendly environments |
| Sharmila Devatia | Visiting Faculty | Ali Yavar Jung National Institute for the Hearing Handicapped & AVP - Quality for Aegis Ltd an Essar Enterprise | Mumbai | Shares her journey and her experiences of working in an inclusive set up |
| Ritika Sahni | Founder-Trustee | Trinayani, Closing episode | Mumbai | Excerpts from 4 previous episodes on George, Shilpi, Anjali, Sharmila |

INFORMATION ON OUR MMKND WAS SENT AS E-MAILERS TO ALL




Trinayani hopes to reach out accurate information on various issues of disabilities and introduce important professionals both disabled and non disabled and their work through our weekly 25 minutes radio show **MUD MUD KE NA DEKH** supported by **BPCL**.

So, Tune in every **Wednesday** on **All India Radio 107.1 FM Rainbow, Mumbai** at 11.30 a.m. and at 2.30 p.m. on 219.3 M or 1368 KHZ **Vividh Bharti, Delhi**.

This week on the **25th of April** listen to the interesting observations of self advocate **Mr Dipendra Manocha** on responsibilities, expectations and accountabilities and parental attitudes of persons with vision disabilities. Mr Manocha is working as the Developing countries coordinator and Lead of Training and Tech Support with the **DAISY Consortium**, is member of the Executive Committee of the **World Blind Union**. He is the elected president of the **DAISY Forum of India**. Also learn about the **White Cane Project**.



Connect with us with stories, news and information you want to reach out through our show.



Ritika Sahni
Founder Trustee
 Mobile: 09769357390
<http://www.trinayani.org>
trinayani.contact@gmail.com



MUD MUD KE NA DEKH



Paralympics (second largest sports event for persons with disabilities in the world) start on the 29th of August. Learn more about the 10 disabled sportspersons representing India and a little about the history of Paralympics on **MUD MUD KE NA** on the **29th of August**

All India Radio 107.1 FM Rainbow Mumbai at 11.30 am
Vividh Bharti Delhi at 2.30 pm.



Ritika Sahni
Founder Trustee
 Mobile: 09769357390
 Tel : +91 22 28697390
trinayani.contact@gmail.com
<http://www.trinayani.org>



WRITER-DIRECTOR SHRI AMOLE GUPTA ENDORSING OUR AWARENESS BOOKLET LOOK AT ME



RITIKA SAHNI INTERVIEWING MR PRASANNA KUMAR PINCHA, CHIEF COMMISSIONER, PERSONS WITH DISABILITIES, GOVERNMENT OF INDIA, IN HIS OFFICE IN NEW DELHI



ARVIND PRABHOO BEING INTERVIEWED IN RADIO MUST STUDIOS AT SNDT UNIVERSITY FOR MMKND BY NEENU KEWLANI AND RITIKA SAHNI



PRASAD PHANASGAONKAR, WHEELCHAIR USER AND FOUNDER SAMARTHA TRAVELS BEING INTERVIEWED FOR MMKND BY RITIKA SAHNI