

Founded by singer-activist Ritika Sahni in 2006, the roots of NGO Trinayani are deeply embedded in creating awareness, inculcating diversity and inclusion, and demystifying disability. While we encourage inclusiveness through games, literature, audio visual mediums, arts and curated events, we also work towards empowering the voices of individuals with disabilities and engaging them in meaningful initiatives. Our core objective is to make a difference in the lives of disabled people while simultaneously enabling non-disabled people to be more aware and accepting.

Over the last decade and more, Trinayani's efforts has spanned across several verticals. As dedicated advocates of Awareness and Empowerment we devise innovative ways of challenging stereotypes about persons with disabilities while curating unique need-based platforms to help meet our primary goal of Disability Equality.

We are endlessly grateful to our friends, honorary consultants, expert, donors, volunteers and well-wishers for their contribution to Trinayani.



The following initiatives are integral to our mission and our impact studies has affirmed our belief that we are on the right path.

Instilling Disability Awareness in Education: we firmly believe that to achieve tangible results, disability awareness training modules must be embedded into formal education. We regularly conduct sensitization and capacity building workshops for primary, secondary schools and higher education institutions pan-India. We use games, activities and literature, specifically designed by us for this purpose. Currently we are creating a digital version of our already well received and appreciated TOWARDS INCLUSION DISABILITY AWARENESS GAME KIT. This interactive game kit includes 6 thrilling card games, a workbook and an information booklet and aims to impart values, provide appropriate information and change attitudes of children and adults in a low pressure and fun way. https://youtu.be/4Hcye7zOh_0



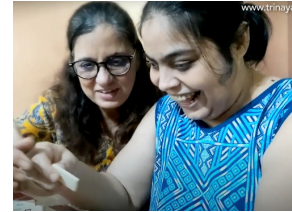
Inclusive Monthly Meetups: initiated in May 2017, to spread Trinayani's vision of an inclusive society, our curated monthly get-togethers play a key role to keep the social lives of people with disabilities active, while providing opportunities to the non-disabled community to interact and understand each other. Activities such as museum visits, yoga sessions, visits to off-beat places like the racecourse, and others, creates a bonhomie that leads to connections. This feedback from the community and growing participation has inspired us to continue these on a regular basis. https://youtu.be/3LdZUm_5iYw



Programs to foster Inclusion: to encourage participation and initiate conversations around disability in the public space, we celebrate festive events such as Valentine's Day (sponsored lunches), Chocolate Day (chocolate making workshop), Marathons, Treasure Hunts, Daan Utsav celebrations and similar occasions. <https://youtu.be/nDIm9kKZctl>



Effective use of Digital medium: riding the digital wave, understanding and incorporating the outreach of the digital world, Trinayani actively creates interactive content for all of its social media handles. Engaging short films and music videos which particularly highlights the strengths and needs of disabled people are available on our youtube channel, website and other social media platforms, which are regularly updated and constructively boosted.
<https://youtu.be/a1h-A8tso8Y>, <https://youtu.be/y8hq5qUg8sc>



Conducting Inclusivity Awareness Sessions: need-based workshops are designed for public and private sector employees and decision makers on the language and etiquette of disability, understanding access issues, reasonable accommodations and other related topics. The idea is to provide appropriate information and visibility about the world of persons with disabilities. We have held sessions for companies like HPCL, YES Bank, Air India Sats, Indigo Airlines, Bangalore International Airport Limited, among others.
<https://youtu.be/d3HnORDBzjQ>



The Learning Factory: is a travelling musical puppet play we offer, to promote inclusion and diversity in students and teachers. This has been presented and well received by numerous educational institutions and festivals. We are working on creating a film of the play in Hindi.
<https://youtu.be/uUp63jzwczi>



Sparsh Foot Spa: our self-sustaining Foot Reflexology Spa, has been managed independently by our trained Blind therapists, since 2011. Our spa's presence at malls, marathons, melas, marriages, corporate offices and celebratory events provides us a far reaching opportunity to change mind-sets while financially empowering our visually impaired therapists.
<https://youtu.be/0q5IUf6qTrQ>



Pehli Baarish: launched in 2014, our inclusive music band comprises of musicians with and without disabilities. The band voluntarily performs different genres of music once a month at unconventional venues like old age homes, hospitals and correctional homes in Mumbai and Kolkata. Alternately we raise funds from paid performances at corporate events, pan-India. <https://youtu.be/AY2nSVMYGto>



Think Ink: an electoral awareness campaign where Trinayani represented Maharashtra in the National Consultation where we partnered with the Chief Election Officer, Maharashtra to create electoral awareness through a Brochure and film. <https://youtu.be/o3-cEMWAsnc>



Mud Mud Ke Na Dekh: Three seasons of our radio show was broadcast on All India Radio from 2011 till 2015 and its encouraging response and impact propelled us to continue to use radio for dissemination of relevant and appropriate information about disability issues. We are currently creating audio-visuals of our previous programs.



The above gives you an insight into our efforts since 2006. Do log on to our website to get a deeper understanding of the gamut of our work. You can also request for a digital copy of our comprehensive report of the last 5 years.

Trinayani is happy to customize any training material regarding disability awareness for your specific needs. If you have any questions, require any clarifications or wish to contribute to us in any way possible, please feel free to reach out to us.

All donations to Trinayani is exempt under Section 80G of the Income Tax Act

bank details

Account : Trinayani
Bank : HDFC Bank
Account No : 00401450000216
IFSC Code : HDFC0000040

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